

# Thurrock Nomads Summer Training Schedule 2021 v11/05/2021

Tuesday	Start 7pm	Thursday	Start 6pm
06/04/2021	27s. Fen/Orsett/Chadwell "Safe Route" <a href="#">27s- A and Z routes</a>	08/04/2021	19b. Chafford Hundred/Lion Gorge/River <a href="#">19b- A and Z routes</a>
13/04/2021	24s. Lake/Sainsbury's/Mardyke "Safe Route" <a href="#">24s- A and Z routes</a>	15/04/2021	20a. Grays Gorge/Badgers Dene/River <a href="#">20a- A and Z routes</a>
20/04/2021	28a. Chadwell/Marshfoot/Old Dock Road <a href="#">28a- A and Z routes</a>	22/04/2021	21. Orsett/Parkers Farm Road <a href="#">21- A and Z routes</a>
27/04/2021	20. Grays Gorge/Badger's Dene/River <a href="#">20- A and Z routes</a>	29/04/2021	22. Chadwell/West Tilbury/Biggin Hill <a href="#">22- A and Z routes</a>
04/05/2021	21. Orsett/Parkers Farm Road <a href="#">21- A and Z routes</a>	06/05/2021	25s. Marley Tiles/Mardyke Way "Safe Route" <a href="#">25s- A and Z routes</a>
11/05/2021	24s. Lake/Sainsbury's/Mardyke "Safe Route" <a href="#">24s- A and Z routes</a>	13/05/2021	26. Heath/Chadwell Flats/Golf Course <a href="#">26- A and Z routes</a>
18/05/2021	AWAYNIGHT: a run in the Woods, meet Westley H 7:15pm in Main car park	20/05/2021	28. Marshfoot/Sandy Lane/Chadwell <a href="#">28a- A and Z routes</a>
25/05/2021	AWAYNIGHT? - Any volunteer? <i>(if no Awaynight, do route 26)</i>	27/05/2021	27s. Fen/Orsett/Chadwell "Safe Route" <a href="#">27s- A and Z routes</a>
01/06/2021	AWAYNIGHT? - Any volunteer? <i>(if no Awaynight, do route 20)</i>	03/06/2021	19a. River/Lion Gorge/Chafford Hundred <a href="#">19a- A and Z routes</a>
08/06/2021	AWAYNIGHT? - Any volunteer? <i>(if no Awaynight, do route 27s)</i>	10/06/2021	28a. Chadwell/Marshfoot/Old Dock Road <a href="#">28a- A and Z routes</a>
15/06/2021	AWAYNIGHT: a different run in the Woods, meet Westley H 7:15pm in Main car park	17/06/2021	20a. Grays Gorge/Badger's Dene/River <a href="#">20a- A and Z routes</a>
22/06/2021	AWAYNIGHT – Horndon10k Konsolation Recce (and afterwards the Do at Peter's)	24/06/2021	22a. Biggin Hill/West Tilbury/Chadwell <a href="#">22a- A and Z routes</a>
29/06/2021	AWAYNIGHT? - Any volunteer?	01/07/2021	26a. Baker Street/Golf Course/Chadwell <a href="#">26a- A and Z routes</a>
06/07/2021	AWAYNIGHT? - Any volunteer?	08/07/2021	19b. Chafford Hundred/Lion Gorge/River <a href="#">19b- A and Z routes</a>
13/07/2021	AWAYNIGHT? - Any volunteer?	15/07/2021	20a. Grays Gorge/Badgers Dene/River <a href="#">20a- A and Z routes</a>
20/07/2021	Plotlands 5K Race TBC	22/07/2021	21. Orsett/Parkers Farm Road <a href="#">21- A route</a> <a href="#">21- Z route</a>
27/07/2021	AWAYNIGHT? - Any volunteer?	29/07/2021	22. Chadwell/West Tilbury/Biggin Hill <a href="#">22- A and Z routes</a>
03/08/2021	AWAYNIGHT – the IRISH MUG courtesy of DC	05/08/2021	25s. Marley Tiles/Mardyke Way "Safe Route" <a href="#">25s- A and Z routes</a>
10/08/2021	AWAYNIGHT? - Any volunteer?	12/08/2021	26. Heath/Chadwell Flats/Golf Course <a href="#">26- A and Z routes</a>
17/08/2021	Plotlands 5K Race TBC	19/08/2021	28. Marshfoot/Sandy Lane/Chadwell <a href="#">28- A and Z routes</a>
24/08/2021	AWAYNIGHT? - Any volunteer?	26/08/2021	27s. Fen/Orsett/Chadwell "Safe Route" <a href="#">27s- A and Z routes</a>
31/08/2021	20. Grays Gorge/Badger's Dene/River <a href="#">20- A and Z routes</a>	02/09/2021	19a. River/Lion Gorge/Chafford Hundred <a href="#">19a- A and Z routes</a>
07/09/2021	21. Orsett/Parkers Farm Road <a href="#">21- A and Z routes</a>	09/09/2021	28a. Chadwell/Marshfoot/Old Dock Road <a href="#">28a- A and Z routes</a>
14/09/2021	22. Chadwell/West Tilbury/Biggin Hill <a href="#">22- A and Z routes</a>	16/09/2021	20a. Grays Gorge/Badger's Dene/River <a href="#">20a- A and Z routes</a>
21/09/2021	24s. Lake/Sainsbury's/Mardyke "Safe Route" <a href="#">24s- A and Z routes</a>	23/09/2021	26a. Baker Street/Golf Course/Chadwell <a href="#">26a- A and Z routes</a>
28/09/2021	28a. Chadwell/Marshfoot/Old Dock Road <a href="#">28a- A and Z routes</a>	30/09/2021	22a. Biggin Hill/West Tilbury/Chadwell <a href="#">22a- A and Z routes</a>

**Until further notice we meet in Blackshots Leisure Car Park (end closest to Daneholes roundabout) to assemble and run in groups of 30 after the 17<sup>th</sup> May, (groups of 6 before this), observing Social Distancing.**

See full route descriptions of all our training runs at <http://www.thurrocknomads.org.uk/runroutes.pdf>



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